# blossom.

Prep C | May 2021 | Spring Issue



"A flower does not use words to announce its arrival to the world; it just blooms." the class magazine



### WHERE ARE WE FROM?

GÜNGÖREN ITO GIRLS ANATOLIAN RELIGIOUS HIGH SCHOOL

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## WELCOME

to our class magazine!

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WITH THE CONTRIBUTIONS OF PREP C

We hope you enjoy our magazine!

### **BLOSSOM**

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# owy magazine blossom



In botany, blossoms are the flowers of stone fruit trees and of some other plants with a similar appearance that flower profusely for a period of time in spring. Colloquially, flowers of orange are referred to as such as well. Peach blossoms, most cherry blossoms, and some almond blossoms are usually pink.

The cherry blossoms and the leaves are edible and used in many traditional Japanese sweets and tea. They are first pickled and then used in recipes for mochi cakes, candies, and even cookies. You can also brew Sakura blossom tea or make cocktails with preserved blossoms. Here is a recipe that you can do with cherry blossom leaves!

"The blossom opens as if each flower was a book - a book that was more sculpted than written, the ink infusing into the petals to give them their soft glow. It is a tale of eons passed, of the loving care of the soils, the rain and the sun, a tale of the insects, the soil bacteria and fungi. And yet, for all of that, it is a great love story told in its silent way, the brain reading such volumes in an instant of intuition, a fraction of a beautiful moment."

Ingredients

<sup>3</sup>/<sub>4</sub> cup sweet rice/glutinous rice (mochigome)

3/4 cup water

I drop red food coloring

1 Tbsp sugar

5 Tbsp red bean paste (anko)

6 pickled Sakura leaves

# - Here is the recipe! -

- 1. Gather all the ingredients.
- 2. Rinse the sweet rice and soak it for at least 1 hour to overnight.







- 3. Meanwhile, soak the Sakura leaves in water for 15 minutes to remove salt. Then dry the leaves with paper towel.
- 4. Wet your hands and roll anko into 6 small balls between hands.









5. Drain well and put the sweet rice in a large bowl.

6. Add water and red food coloring and mix well.











7. Cover with plastic wrap and microwave for 6 minutes (1100W). Mix once in between.





- 8. Uncover the plastic wrap and mix. Then cover with kitchen towel for 5 minutes.
- 9. Add sugar to the sweet rice and mix it all together.





10. Pound the sweet rice with a pestle until sweet rice is very sticky. Divide the rice into 6 portions.

11. On the prep surface, place a sheet of plastic wrap and spray a bit of water. Place % of sweet rice and spread it into a rectangular shape. Make sure there is no void in the center area.





12. Place an anko ball in the center and roll the sweet rice over it to cover anko.

13. Tighten the plastic wrap and twist to make a nice oval shape.





14. Lastly wrap with a Sakura leaf. Leave it at room temperature for an hour till the mochi absorbs the flavors from the Sakura leaf and enjoy!









### MARTIAL ARTS

## **TAEKWONDO**

Let's take a closer look at the meaning of the word "Tae" "Kwon" "Do." It is composed of three parts as shown in the English spelling, though it is one word in Korean. "Tae" means "foot," "leg," or "to step on"; "Kwon" means "fist," or "fight"; and "Do" means the "way" or "discipline." If we put these three parts together, we can see two important concepts behind "Tae Kwando".

First, Taekwondo is the right way of using Tae and Kwon 'fists and feet,' or all the parts of the body that are represented by fists and feet. Second, it is a way to control or calm down fights and keep the peace. This concept comes from the meaning of Tae Kwon 'to put fists under control' [or 'to step on fists']. Thus, Taekwondo means "the right way of using all parts of the body to stop fights and help to build a better and more peaceful world."

Taekwondo has been developing with the 5000-year long history of Korea, being called by several different names in the course. In Korea, Taekwondo began as a defense martial art called "Subak" or "Taekkyon," and developed as a way of training body and mind in the ancient kingdom of Koguryo, under the name of "Sunbae." In the Shilla period, it had become the backbone of Hwarangdo that aimed at producing leaders of the country.

Taekwondo today is similar to the martial arts in other Oriental countries and shares some features with them, because in the course of its evolution it has gained many different styles that existed in the martial arts of the countries surrounding Korea, like Japan and China.

Taekwondo is very different from many such oriental martial arts. First, physically it is very dynamic with active movements that include a mirage of foot skills. Second, the principle physical movements are in simpatico with that of the mind and life as a whole. Third, it possesses dynamic poses from another perspective.

Taekwondo can be characterized by unity: the unity of body, mind, and life, and the unity of the pose ["poomsae"] and confrontation, and cracking down. When you do Taekwondo, you should make your mind peaceful and synchronize your mind with your movements, and extend this harmony to your life and society. This is how in Taekwondo the principle of physical movements, the principle of mind training, and the principle of life become one and the same. On the other hand, the right poomsae lead to the right confrontation, which will eventually produce great destructive power.





My story with Taekwondo started when I started to wear hijab. I have been doing sport since I am four. I went swimming, played basketball, etc. but Taekwondo was the sport which clothes are appropriate. It called Dobok.I continued 5 years. I weren't doing poomsae so I joined several matches. I stopped in eighth grade to study for LGS exam and after that I couldn't continue because of Covid-19. I can easily say that Taekwondo improved me a lot especially mentally. I learned forgiveness, how to keep my anger under control, royalty and respect. If you are interested in Taekwondo, you should know that you have to be flexible. It is going to be tough. But at the end, it will worth. I wish I can continue but I realized that Taekwondo wasn't my dream. Cause I care about school more.

"Martial Arts does not teach you how to fight, it teaches you why not to."

Lakshya Bharadwaj

# BENEFITS AND DRAWBACKS OF CHAIN STORES AND LOCALLY-OWNED STORES

Chain stores are big companies that have not just one store but many stores in many places. In addition, they are called big-box stores such as Costco, Carrefour and IKEA. They are usually big, they have a lot of kinds of products and sell products cheaper. Locally-owned stores are smaller than chain stores. They are usually in neighborhoods and sell their products to their neighbors. Sometimes the owner can say: "Hey, can you stay here for five minutes?". Locally-owned stores are sometimes called mom and pop stores because families manage them.



Big-box stores have many kinds of benefits. Their prices are cheaper than locally-owned stores because big-box stores buy their products wholesale to sell people. This makes prices cheaper than mom and pop stores. Therefore, people go shopping to chain stores more than locally-owned stores. Another benefit is that you can pay by credit card. In this time, 21st century, people usually shop from their credit or debit cards. Furthermore, when people shop with their credit cards and buy something with their credit cards, they think they spent less money and it even feels like you haven't paid any money. One more benefit is that chain stores have campaigns. They more than one product together for cheaper. Customers follow the campaigns, and when there is a campaign, chain stores fill up.

Big-box stores have drawbacks as well as benefits. They are enormous and wide. That's why people can spend a lot of time there and buy unnecessary products. For example, a customer gets into a chain store and he needs some coffee. He finds the coffee he wanted but he sees some other products and wants to buy them too because they are cheap. And he keeps looking around and takes more products to buy. This is a vicious circle. If you do not have enough money to buy the product in such markets, you cannot buy it on condition that you pay later.

Locally-owned stores have lot of benefits. For example, customers can take something and they can pay it after some time, when that person is suitable to pay for it because in locally-owned stores, customer and owner of the store know each other. Mom and pop store owners keep a debt book and they write ones who take a product to pay later. Moreover, mom and pop stores are the place where people can communicate and socialize with each other. Owners and customers are usually friends, so customers can be comfortable in the store. They can talk about his dinner for the evening, discuss the match played the previous evening and more.



There are also some drawbacks of momand-pop stores. Nearly in all mom-andpop stores you cannot shop with your credit card. If people want to shop in locally-owned stores, they should have cash with them. Another disadvantage of mom-and-pop stores is about product prices, prices of their products are more expensive than chain stores and there are no offers or discounts. For this reason, people usually prefer chain stores when they buy many products. Additionally, mom and pop stores don't have all want. For products the customers example, there are not many sauce types in mom-and-pop stores or people might not be able to find the vegetable they are looking for. For this reason, people prefer chain stores in this regard.



In conclusion, people prefer big-box stores more than locally-owned stores. Chain stores are more advantageous in many ways. Big-box stores have more products and campaigns. Although mom and pop stores have benefits, benefits of chain stores are more advantageous. I usually prefer mom and pop stores for shopping. But my mother prefers chain stores because I buy junk food from our locally owned store and the price I pay is not that much, but my mom makes a general shopping for our kitchen. That's why she prefers chain stores.



### THE HOLOCAUST







I will talk about a historical attraction in German history. It is the Holocaust. The Holocaust happened between 1941-1945 across German-occupied Europe, Nazi Germany and its collaborations.

Hitler warned that dissolution, inside and outside, threatened the German "Aryan" race. The international threat was hidden the marriages between "Aryan" in Germans and members of the inferior races (Jews, Romans, Africans and Slavs) by nature. The products of this marriages dilute the said the superior were characteristics seen in German blood and thus weaken the German race in its struggle for survival against other races.

As I mentioned, the main purpose of this genocide was protecting the superior characteristics of German people. This means Hitler's target wasn't only inferior races. They also killed disabled people because reign was seeing them biological threat and financial burdens on state. Nazi authorities targeted German politics opponents, homosexuals, Iehovah's "asocials" and witnesses claiming their behavior represented danger to rational community. After World War II, the number of groups included Poles, Soviet prisoners of war, Soviet citizens and other religions.

Asocials included unemployed, homeless, beggar, alcoholic and drug addicted people. Jehovah's witnesses are restorationist and anti-Trinity. The community sees itself not as Christian sect but as a separate religion from Christianity, Judaism and other religions.

How did Jews survive? Some Jews survived in Nazi camp or by hiding. Others survived living in unoccupied territories of Soviet Union. Ultimately, many survivors immigrated to Palestine and the US.

At the end, we only know that at least 6 million Jewish people were murdered. Nazis and their collaborations attempted to destroy many of existing documents, thus that's all we know for now...



Elif Gülcan Şengül

## EARTHOUAKE

An earthquake is the shaking of the surface of the resulting from Earth sudden release of energy in the Earth's lithosphere that seismic creates waves. Earthquakes can range in size from those that are so weak that they cannot be felt to those violent enough to propel objects and people into the air. and wreak destruction entire across cities. The seismicity, seismic activity, of an area is the frequency, type, and size of earthquakes experienced over a period of time. The word tremor is also used for non-earthquake seismic rumbling.

At the Earth's surface, earthquakes manifest themselves by shaking and displacing or disrupting the ground. Earthquakes can also trigger landslides and occasionally, volcanic activity.

### **EFFECTS OF EARTHQUAKES:**

- Shaking and ground Shaking rupture: and rupture ground are the effects created main bv earthquakes, principally resulting in more or less severe damage to buildings and other rigid structures
- Human impacts: An earthquake may cause injury and loss of life, road and bridge damage, general property damage, and collapse of buildings.
- Tsunami: Tsunamis are long-wavelength, long-period sea waves produced by the sudden or abrupt movement of large volumes of water—including when an earthquake occurs at sea.
- Floods
- Fires
- Landslides

## MEASURES TO BE TAKEN BEFORE EARTHQUAKES:

- Settlements should be determined carefully.
- Housing should not be built on sloping land with loose soil.
- Houses should have earthquake insurance.
- Building should not be made on slopes with a lot of snow and screaming.



- Cabinets and similar items that may tip over should be fixed to each other and to the wall.
- It is important to have a Disaster and Emergency Bag ready and within reach where it is needed immediately after the earthquake.



Sude Zeynep Atalay

# What is genetic Engineering?

Genetic engineering is a field of science that conducts researches on changing the hereditary characteristics of living things and giving them new functions. Scientists dealing with these experiments are called "genetic engineers". Gregor Mendel is regarded as the founder of genetics and studies on this science and is referred to as the "Father of Genetics".

Genetic engineering is the process of using recombinant DNA (rDNA) technology to alter the genetic makeup of an organism. Traditionally, humans have manipulated genomes indirectly by controlling breeding and selecting offspring with desired features. Most often, a gene from another kind is added to an organism's genome to give it a desired phenotype.

Genetic engineering was first introduced into our world in the 1970s to describe the emerging field of recombinant DNA technology and some of the experiments that were going on. As most people who read textbooks and things know, recombinant DNA technology started with pretty simple things —cloning very small pieces of DNA and growing them in bacteria—and has evolved to an enormous field where whole genomes can be cloned. Genetic engineering, broadly defined, means that you are taking pieces of DNA and combining them with other pieces of DNA in some people's idea. This doesn't really happen in nature, it is something that you engineer in your own laboratory and test tubes and then taking what you have engineered and propagating that in any number of different organisms that range from bacterial cells to yeast cells, to plants and animals.



Genetic engineering is an extremely broad field of professions, science and engineering. Industry is one of the areas where genetic engineers work. There are other areas of study in genetic engineering. For example, genetic engineering is used in many fields such as diagnosis of hereditary diseases in medicine, getting products with desired characteristics in agriculture and animal farming, preventing environmental pollution and mining.

Being a genetic engineer is my goal for the future because I think we will need this profession in the future.

New diseases that will emerge from the melting of glaciers, increasingly unproductive land and animals, human-made viruses and more are big problems we will face in the future. Genetic engineers will also be among the people who will search solutions to these problems.

Therefore, I have set it as my goal and dream to become a genetic engineer and work to make our world a better place.



Elif Tuba Erence

## FRESHDAY 28.09. NEWSPAPER 2020

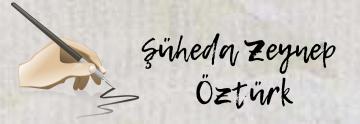
# !SOLAR TANNING PRINTER!

Solar tanning printer uses solar heat to only produce energy but without using any ink. As a result, there is no hassle of exchanging the ink cartridge and it is possible to use the printer permanently.

Additionally it is possible to reduce the environmental pollution which is caused by ink. You don't need to use any ink or electric. It is just use solar energy so it is ecofriendly.

If you're a person who cares environment and our planet World. I can tell you that: Don't miss this opportunity.





# My future goal: BEING A PRESIDENT

My future goal is to be president and I'm very determined for this goal. I want to be a president because I believe that I can change the world and my country. I think I can make world and people better. Thanks to my thoughts and my point of view.

I decided to be president in the future after reading the book "Advices from Malcolm X" two years ago. It was a really impressive book and after I read that book, I watched a lot of videos and read a lot of articles about Malcolm X and fascism. I did a lot of research about people, world, wars, economy and politics and I realized that the world and people are in a very bad situation. I asked a question to myself; "Why wouldn't I be the one who saves people and the world from this bad situation?" That's how I decided to be president.

World needs doctors, teachers, presidents, politicians, clergymen who will beautify and heal it. I believe that I will be president and I will beautify and heal the world. I will give back their rights to the people whose rights are taken and I will help people who beautify and heal world. Also, don't forget to vote me in the future!:)

# "One awake is enough to wake up sleepers" -Malcolm X



### A short introduction:

William Shakespeare was a renowned English poet, playwright, and actor born in 1564 in Stratford-upon-Avon. His birthday is most commonly celebrated on 23 April which is also believed to be the date he died in 1616.

Shakespeare was a prolific writer during the Elizabethan and Jacobean ages of British theatre (sometimes called the English Renaissance or the Early Modern Period). Shakespeare's plays are perhaps his most enduring legacy, but they are not all he wrote. Shakespeare's poems also remain popular to this day.



#### Sonnet 18

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate:
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date:
Sometime too hot the eye of heaven shines,
And often is his gold complexion dimmed;
And every fair from fair sometime declines,
By chance, or nature's changing course, untrimmed:
But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st;
Nor shall Death brag thou wander'st in his shade
When in eternal lines to time thou grow'st:
So long as men can breathe or eyes can see,
So long lives this, and this gives life to thee.

#### EXTRAORDINARY WOMEN

# from the Golden Age of

### MUSLIM CIVILISATION

Fatima al-Fihri played a great role in the civilisation and culture in her community. She migrated with her father Mohamed al-Fihri from Qayrawan in Tunisia to Fez. She grew up with her sister in an educated family and learnt Fiqh (Islamic jurisprudence) and Hadith. Fatima inherited a considerable amount of money from her father which she used to build a mosque for her community. Established in the year 859, the Qarawiyin mosque had the oldest, and possibly the first university in the world. Students travelled there from all over the world to study Islamic studies, astronomy, languages, and sciences. Arabic numbers became known and used in Europe through this university. This is just one important example of the role of women in the advancement of education and civilisation.

Zaynab Al Shahda was a famous female calligrapher renowned for her work in figh (Islamic law) and hadiths, in addition to her husn-I khatt. She was highly praised and positioned, and was appointed as teacher of Yagut, the last Abbasid Caliph. She was also the calligrapher in the Musa Palace. She was a brilliant, well-established teacher and many people had the opportunity to study with her and to receive their ijaza from her. The fame of Zaynab was well established when she was named Sigat al-Dawla because of her association with al-Muktafibillah, the Abbasid Caliph, She spent her time studying science and literature.

The making of astrolabes, a branch of applied science of great status, was practiced by many include one from Aleppo (Syria), woman Mariam\* "Al- Astrolabiya" Al-Ijliya (Al-'liliyah bint al-'lili al-Asturlabi), followed who her father's profession and was employed at the court of Sayf al-Dawlah (333 H/944 CE- 357/967), one of the powerful Hamdanid rulers in northern Syria who guarded the frontier with the Byzantine empire in the tenth century CE.

Elif Gülcan Şengül

# Science in the Medieval Islamic World

## Doctor avicenna who is untiring

Besides being a physician, Avicenna was a philosopher, mathematician, and astronomer. He brought together all the valid medicine information in the book El-Kanun fi't-Tıb (The Canon of Medicine). This book, which is used by all Muslims, had been included in the programs of European universities for 300 years. Avicenna's recommendations were followed in the treatment of the patients.

Being on the road constantly, Avicenna rarely stayed in libraries. He trained his amazingly good memory and wrote his original works without the aid of dictionaries and manuals. Under these conditions he could write fifty pages a day, he wrote more than two hundred scientific and philosophical texts.

Knowing that it is easier to keep the information in the form of poetry in the mind, Avicenna applied a method previously followed by other teachers; He expressed everything that beginner physicians need to know with poetry. The most famous poem consists of more than a thousand verses. It is vain to try to understand them without the help of skilled scholars.

In the time of Avicenna, pharmacists applied a cream based on penicillin to infected wounds. It was only discovered in the 20th century that it was effective against these bacteria and revolutionized medicine.

# Idrisi's map

When you look at it, Idrisi's map can be thought that it is upside down. This is simply that Muslim geographers have shown the south "above" and the north "below" to respect the Kaaba.

Idrisi indicated the distance, the economic activities, settlement style, customs, and the types of food between the cities and villages of each region he studied. Gathering such enlightening information together was a great success for that period.



### Science in the

# Medieval Islamic World

## Bimaristan

Hospitals accepting mentally ill patients was a big revolution. Physicians thought that treating mentally ill patients with music is beneficial for them. There is a place reserved for orchestra in the courtyard of the Aleppo hospital. However, as for the Prophet, nothing is as valuable as "natural music" to rest the soul; the blowing wind, the sounds of birds and the sound of flowing water. That is why there were always fountains in the middle of these hospitals.

The Crusaders carried the idea of a "bimaristan" to Europe. Until then, mentally ill and lepers were imprisoned in the West to be kept away from the world.





# Jibb-i Nebevi

Prophet Muhammad gave advice on health and hygiene, most of are still valid today. For example: "Do not stay in the sun too long. This will damage the skin."

"Excess knowledge is more virtuous than excess worship" is the word of Prophet Muhammad. Indeed, caliphs and great religious leaders constantly encouraged astronomers.

Source: Le Grand Livre Des Sciences Et Inventions Arabes

You can buy this book's Turkish translate from Kaknüs Publishing House. This book includes basic information about Islamic scholars. Also, the illustrations of this book are fabulous!

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# TURNING POINT

The most chilling moment of my life is an earthquake. A 5.8 magnitude earthquake happened in Istanbul, on September 26, 2019. It was the turning point in my life. I was alone at home, having my lunch and texting with my friends. I heard a strong sound and I felt that a great power was shaking me. I quickly understood earthquake that an happening but I was shocked and not able to move. As soon as it was over, I got dressed quickly, grabbed my key and phone and ran out.

After the earthquake, I cried all the time. I couldn't sleep, have fun, speak with my friends and do my homework. In other words, the life stopped for me. I couldn't sleep any night and I was crying in fear. I was constantly feeling the shaking and looking at the ceiling lamp.

They took my 5 months and so many things changed in these 5 months and I could never do something that I could before such as riding an elevator, going uphill, taking a bath, staying alone at home, and waiting for school bus inside my building.

Then, I realised there was a problem. I and my behaviours weren't normal. We decided to go to a doctor. She diagnosed me with seismophobia, anxiety and the OCD. Although my mother asked to start with the therapy instead of taking medicines first, the doctor gave me. I've been to some therapies, too. I still continue to healing.

If you have a psychological problem, please don't wait and go to a doctor to get help.

Sila Çapan

# Art washes away from the soul the dust of everyday life.

### — Pablo Picasso

#### MY ART JOURNEY

I've been painting since I was 6 years old. I always drew something on the walls of my house when I was a child. My primary school teacher always wanted us to draw and I always drew. I started to draw something by myself, when I was 12 years old. Everyone around me loved the drawings I drew because of this I was proud and happy. But now I don't draw for other people. Because I think the most important thing is what I feel while drawing and whether I like it or not. Because I love drawing when I'm doing it to relax and improve myself. I like expressing myself and my feelings by drawing things.

My favourite drawing style is watercolour. Because you can get different results when you draw two drawings even tough, you use the same paints and same paper. You can draw different things using much or less water. But I love all kinds. Painting on a canvas is one of my favourite too.

Nowadays I want to learn everything about art. I want to found an Art house in the future. This is one of my dreams. I want to achieve great things about art because it makes me happy.



Betül Sarıkaya

# HOW TO DO JOURNALING?



Hi! I have been doing journaling, especially anime journaling for more than a year and I wanted to give you some tips about journaling and how to start it.

- You need some pictures or small pieces of paper which you cut from magazines. I printed some pictures about the topic I chose. But if you don't have a printer or a magazine, you can draw or paint on the paper.
- You need a notebook and it doesn't have to be a dotted notebook but using an a5 or a6 notebook would be better. Because it is harder to fill an a4 notebook.
- Paste all the things you have and decorate your page with some stickers and washi tapes. This step is not required but it will make your spread look more beautiful.
- You need an idea about what you want to do. I decided to do a page about an anime called "Jibaku Shounen no Hanako-kun". You can search on internet to find more ideas.



Finally, write what you want to write about the topic you chose and you are done! You can find a lot of ideas on Pinterest about journaling.



Hope you enjoyed!

# piano and creation

Playing the piano is my hobby, I can play the songs I want. It is such a wonderful feeling to be able to play a musical instrument. I see playing the piano not as a job but as an opportunity to relax and rest. Especially when I separate a piece as bait, hard and very difficult. I enjoy it more. A song can be played with many different notes. Trying to create a melody is a very advanced thing. When I play the piano, I feel like I'm something wonderful doing useful. Playing the piano is not difficult, but rather fun and easy.

I actually started playing the piano 5 years ago, but at that time I wouldn't think I'd get this far.My teacher had suggested a course. It caught my interest, and I attended the course. I'm really happy I participated. I improved a little later on in the course, but it was still not very good. Then I took a break for a while. I haven't played for about one and a half years. Then I started again. During the pandemic process, we invited a private teacher in order not to forget. All of the teachers I worked with had their own methods, they were all very good. Overall, I'm really happy with my hobby. I would totally recommend you to give piano a chance if you are looking for a new hobby.



## QUANTUM COMPUTERS



Computers we use in daily life can solve many problems in seconds that people cannot solve for days. The working principles of these computers that we use in daily life depend on classical physics. However, these computers which are working with classical physics principles are not enough for many complex problems of modern science. To overcome these problems, scientists have been working on computers whose working principles are explained by quantum mechanics for years.

The main difference between classical computers and quantum computers is the way the units in which information is encoded and processed work. The units in which information is encoded in classical computers are called bits. Both the structure and behavior of bits and the operations performed on bits are explained by classical physics. The units in which information is encoded in quantum computers are called qubits. Both the structure and behavior of qubits and operations performed on qubits are explained by quantum physics.

There are two values that a bit can take: 0 and 1. Therefore, in classical computers, all information is encoded with 0 and 1. The main difference of qubits from bits is that they can be found not only in situations corresponding to 0 and 1 values, but also in infinitely different linear combinations of these states.

**Erva Naz Turhan** 



### SPORT

### **SWIMMING**

Swimming is the progress of the body above or below the water using the swing of the arms and feet. While swimming, we spend 1.5 times more calories than normal while working all the muscles in our body. The main styles of swimming are free, butterfly, frog, and backstroke.

First of all, the endorphin hormone secreted during swimming gives happiness to the body. It strengthens the nervous system and reduces tension. It has great benefits for regular breathing. cardiovascular health. muscular and skeletal system. Also in the shortest term, regional fat in the body is the way to get rid of it with an effective method and to get tight without causing deformation in the body.

Swimming is not just for sports and keeping fit, it is also one of the main branches sports applied treatment rehabilitation and purposes. Swimming, itself, has a great positive effect on disorders such as muscle weakness. improvement of fractured dislocations in arms and legs, coordination disorder, waist and neck hernia, posture disorders, blood circulation insufficiency, and partial paralysis.

I've been swimming fondly for a long time. If you do it regularly, you will stay in shape and your body will gain flexibility. If you are not training to participate in competitions, you can have fun and relax without getting tired. Since I was 5 years old, I have always swum with different instructors and learned a lot from all of them. I recommend it to anyone who wants to fill their free time with a healthy and fun activity.



Beyzanur Keskin

### auroras

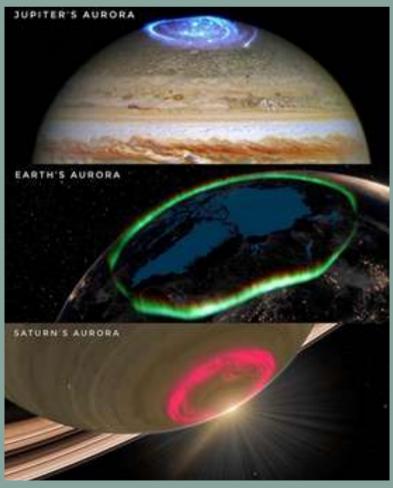
An aurora is a colorful light show in the sky caused by the Sun. They are usually in green color. But they can be red, pink, purple and blue.

Auroras are often seen in the areas near the North Pole or South Pole. If you see them in North Pole, it is called an aurora borealis or northern lights. If you see them in South Pole, it is called an aurora australis or the southern lights.

In past, people believed that auroras are signals from God. Before years, a painter drew a picture of them. Also, we can see them in other planets, too. We've seen amazing auroras on Jupiter and Saturn.









# ON THE GROUND

Rosé is a member and main vocalist of one of the biggest and most successful groups in the world, Blackpink. At the age of 14, she won the singer audition of YG Entertainment, one of the largest South Korean entertainment companies. After 5 vears of internship difficult at this company, she qualified to debut as the main vocalist and lead dancer of the group BlackPink.

She achieved a lot of success with the group on both the American and Korean music charts. About 5 years after the group's debut, she released her two-song single album "R". The title song of this album is the song "On the Ground" written by Rosé herself. "On the Ground" gives Blackpink fans another look into Rosé's perspective on everything the quartet has achieved since their debut in 2016. Rosé tells in this song that her life seems perfect, it's funny to have everything you want suddenly, gold is just a plastic. She says she worked her whole life just to get right. In fact, Rosé tells all her life in the last words of the song. She says she has succeeded what she has worked for all her life, she is way up in the clouds, but she realized that everything she needs is on the ground.



"I'm way up in the clouds And they say I've made it now But I figured it out Everything I need is on the ground"



# MY DREAM HOUSE

In my living room, there is a fireplace, a fridge, an oven and a bookshelf. I have aquarium above my fridge. There are shelves for some stuffs in my basement. Also, there is a washing machine, a dryer and a paddle box.

In my attic, there is my bed, closet, a telescope, a cat house and a world map. Also, there are cute curtains on my window. I have a balcony and a skylight in my bedroom. Also, I have a cat, fish and a dog. There is a dog house and an alone tree in my garden.





## RED PANDA

My favorite animal is Red Panda. Pandas has many species. For example; Giant Panda, Little Panda, Tremarctos, Red Panda... but my favorite is the Red Panda. Red pandas are shy and tiny. I think they are lovely.

If you do not count the tail, its total length is about 20 cm. They weigh between 30-60 kg. The color of their fur is chestnut red, except for their bellies and legs, which are black. There are white and red stripes on their tails.

Their natural habitats are bamboo forests in the Himalayan Mountains which are places between 1500 and 4500 meters above sea level. Agriculture, animal husbandry and logging are destroying the forests around them, which means they have lost their habitat. This is also a problem for their cousin pandas. Red pandas love bamboo. This is an important part of their diet. Despite being one of the carnivorous animals, they prefer a vegetarian diet. They mostly eat fruit, roots, sprouts, lichen, and bamboo leaves.

I went to the zoo a few years ago. I had so much fun. I loved the Red Panda there because it was so afraid of us and it looked very innocent.



### -FAIRY TALE

### THE SKELETON ARMY

Once upon a time there was a wizard called Mark. He was living a peaceful life in a quiet village, which was on the top of a mountain. He was taking care of the sanitary in the small village. Mark was only 25 but he was really intelligent. He was living with his elf assistant.

Then, one day he learned that a bad witch called Minerva was planning to create a skeleton army and capturing Queen's Castle. She was living in the forest. Mark has never seen Minerva before, but he has heard lots of stories about her forbidden magic. He didn't know what to do at first but then, he decided to send his elf to Minerva's shack. It had been two days since his elf assistant left. Mark was busy with checking potion encyclopedias. Unfortunately, he hadn't found any clues yet, but he was sure of himself. After some time, his elf came and it was so scared, it told everything it learned. Mark understood the importance of the situation and decided to write a letter to Queen Pandora.

Message arrived to Queen after one day. After Pandora received Mark's letter, he sent letters to all of the famous wizards in the country and then, Pandora wrote a thank you letter to Mark. She said she wanted to meet with him and discuss what they can do about this situation. While these things were happening, Minerva found the potion to create her skeleton army. She was waiting for the right time, but she found out that Queen learned her plan. Minerva got really angry and took an oath to find and kill that person, who delivered her plan to Queen. She postponed that oath for now and created her army.

None of the Wizards was able to find a solution to the problem. Queen Pandora was afraid, but she found out Mark was on his way to castle with the potion to kill all of the skeletons. Mark had read every potion encyclopedia, visited his old father and took help from him. After sleepless nights and lots of stress, he found the potion. He was on his way to castle proudly. After he arrived to the castle, they made a plan. They were going to use royalty dragon to spread the potion to skeletons.

Then the skeleton army came. People were extremely scared. Land was shaking by their footsteps. It was a dreadful scene. Then, giant dragon came out of the castle and destroyed all of the skeleton army. Minerva was going crazy at the back of her army. She was disappointed. She got scared by the dragon and started to run, but she wasn't fast enough. Dragon also killed her with the potion.

That day was announced holiday. Mark became the doctor of the castle and he was announced as the national hero. After that day, everyone lived happily ever after.

Elif Gülcan Şengül



# e-mail about my typical day

Dear Asiye,

Today I am writing to tell you about what I do in a typical school day.

I wake up at nine o'clock and make my bed. I dress up and have breakfast. I get prepared for online lessons and attend the lesson at 9:58. I usually attend lessons one or two minutes ago, it's a good way to not be late to the lesson. When my lessons finish at 2:30, I do entertaining things. I really like drawing pictures, knitting and spending time with my bird. After that, I do my homework because if I don't do them early, I always miss the deadline. After homework, I have dinner and surf in the internet. I like watching videos on YouTube. I go to bed at half past eleven.

Please write soon and tell me about your daily routine. What is your typical day like? Do you have time for all the homework? What do you do in your free time? Do you like watching YouTube videos like I do?

Lots of love,

Zeynep



# e-mail about my typical day

Hi Zeynep,

Thank you for your e-mail. I wake up at 9.30 am. I dress up and I get prepared for my online lessons. Then, I attend my online lessons my lessons are start at 10.00 am and they finish at 2.30 pm. After the lessons, I pray and I read Quran. After that, I watch something fun. I like watching videos on YouTube too. Also, I like spending time with my best friend and drawing pictures like you do. I try to do my homework before dinner because after dinner I get tired. But I cannot finish all of them before dinner because there are a lot of homework. Unfortunately, sometimes I miss the deadline. I watch TV series and I read a book before sleeping. I go to the bed at 12 o'clock.

Have a beautiful weekend and see you soon.

Best wishes,



## Hi everyone!

Today i want to mention about an extensive topic. It is personality types and categorizations of personality specialities and habits. I'm going to mention about the most common test, Myers Briggs Type Indicator. It is also known as MBTI assessment.

When you do the test, it will give you a personality group name and a word which was made by mixed letters. The important and determinant one is that nonsense word. But first take look at group names. There are 16 personalities and 4 groups. Each group has 4 personalities.

Group names are explore, analyst, sentinel, diplomat.

The important ones are 16 different personalities. They seem like random letters but they are not. I won't mention about their personal traits one by one. Instead of this I want to show you how you can understand them and deduce the personality.

A personality involves four major topics:

- 1-Gain energy
- 2-Gather information
- 3-Make decisions
- 4-Live your life and your preferences about them.

First one is "gain energy" our first people are extroverts they like spending time with their friend and family. They want to consume their energy on their social life. Our second people are introverts they want to consume their energy by thinking and creating new thinks. But don't think like introverts don't have friends. This is not about friends or relationships it is about a preference.

Second one is making decisions. We have two types of people one of them trusts thinking. They think pros and cons then they decide. But the other one is trusts their feelings. They think about is it suitable for their values then they decide.

Third one is living our lives. Again there are two types of people. Judging ones are the ones who are punctual, they have to do list, and they do everything they wrote. And perceiving ones are the ones who love sudden plans, they don't like plans, they live in the moment.

Fourth one is gathering information. Sensing people wants to see data and visible things but people with intuition trust voice of conscience

## Gain Energy

- Extroverts (E)
- Introverts (I)

Four Major Topics

- Gather Information
  - Sensing (S)
  - Intuition(N)

Make Decisions

- Feeling (F)
- Thinking (T)

Live Your Life

- Judging (J)
- Perceiving (P)

As you can see each letter shows personal characteristic. And this is why this test is important.

And I want to give you an example from ENFP:

E means extroverts
N means intuition
F means feeling
P means perceiving.

With a small test we have a lot of information about a person.

Just small test can help you with lots of things such as right employment, right job, right school or right future plans.

With a small test we have a lot of information about a person.

Just small test can help you with lots of things such as right employment, right job, right school or right future plans.

As you can see this MBTI assessment can help you in many unexpected ways but it is not common. I think it's not common because people still think that these tests are not true. But just you need to be honest to yourself.

Elif Sevde Güleç



## RAMADAN

Ramadan is the ninth month of the Hijri calendar, observed by Muslims worldwide as a month of fasting, prayer, reflection and community. It is fardh to fast during the month of Ramadan. It is a holy month for Muslims. In this month Prophet Muhammed advises us to spend this month in worship. While fasting, sometimes we feel tired because of our daily routines. Prophet Muhammed says that this will bring more rewards.

It is important to have iftar early and make suhoor. There are some hadids:

"Have suhoor, for in suhoor there is a blessing."

"When you hear the adhan, if you have a glass of water in one hand, do not put it on the ground before you drink it and break your fast."

In addition, it is sunnah to break your fast with dates. Prophet Muhammed says that there is abundance in dates.

Ramadan is also a month of charity. We help people and give alms. Prophet Muhammad says:

"Whoever gives his Muslim brother a meal at the time of iftar, his reward will be rewarded as much as his reward. Nothing lessens in the merits of those whom he eats."

- •In Indonesia, they eat dessert first at iftar and then perform the evening prayer. In the end, they do the main iftar. They also play a puppet game called Wayang Golek during Ramadan. It looks like Karagöz and Hacivat.
- ·In Yemen, when Ramadan comes, they paint houses for guests.
- •In the Ottoman Empire, people used to work at night, watch puppet games and in the day, they were sleeping.
- I love Ramadan because our prayers in this month are more valuable and there is the Night of Power. I love reading the Quran and watching religious programs. In the past, we used to go to my relatives for iftar and I think this is very nice. In short, I love this holy month.

# best friend

There's no doubt about it: Everyone needs a friend. Having good friends who love and support you for who you are, is really important for your happiness. Your friends can be the people that keep you afloat. They can be your entire world; they are the people who will help you stay strong even when you are breaking down. We can feel lonely and helpless in some situations. Knowing that your friends will always be there for you will bring you joy. Friendship is such a precious and wonderful feeling that many quotes have been written about it:

"A good friend is like a four-leaf clover; hard to find and lucky to have."

"Friendship is the hardest thing in the world to explain."

"A real friend is one who walks in when the rest of the world walks out."

Zeynep Şevval Kara

## my virtual tour to



### MONZA

#### The Dolomites

It's like place in fairy tales. There are high mountains, a few little lakes and lots of kinds of trees and flowers. On a Dolomites holiday you will experience a landscape paradise in all seasons. Dolomites are included in the UNESCO World Heritage List and declared a UNESCO World Heritage Site on 26th June 2009. There is a terrific lake it is "Lago di Braies" it is very clear and it is between tinct mountains. In summer you can do cycling, mountain biking and rafting in the Dolomite regions and winter is perfect for skiing holidays. I like most the slightly view.



### Galleria Vittorio Emanuele

It is Italy's oldest shopping centre. I like the architecture especially domes and trickments in walls. It contains a lot of famous and expensive brands. In the floor there are mosaics which are about Italy's old capital cities.



The Dolomites



Lago di Braies



Galleria Vittorio Emanuele

#### Sforza Castle

It was built in the 15th century by Francesco Sforza, Duke of Milan, on the remnants of a 14th-century fortification. Notable artists such as Leonardo da Vinci had taken part in designing. Today, the castle is the home of several important museums of Italy, which collect numerous artifacts from the history of Milan. You can find musical instruments, ancient furniture and sculptures that are made from wood, treasures but mainly the Egyptian archaeology etc.



### Castel Sant'Angelo

Castel Sant'Angelo is a castle in Rome. It used as a prison in the past. First it seems simple but it has detailed and amazing ceiling decorations with some pictures. I like the ceilings most.

## DIFFERENCES BETWEEN REAL AND VIRTUAL TOURS

I think there are lots of differences such as when you are in a real tour you can take photos or take some leaflet about the place but you can't do them in a virtual tour or in a real tour you have time limits but in virtual tours you don't have time limits.

### **RECOMMENDATIONS**

I recommend guide walk especially in museums. Also, I think you should know it most of the shops are closed between 2 and 4 pm except restaurants it's like a tradition in Italy.





Sforza Castle





Castel Sant'Angelo

ELIF SEVDE GÜLEÇ

44

## Virtual Tour to Switzerland

Hi everyone,

Today I did a virtual tour and I want to talk about Switzerland, that the country I am most impressed with.

First I visited the Lake Cenevre. This lake, that located between Switzerland and France, is the second largest freshwater lake in Central Europe. It is an enormous water source the size of the sea, covering an area of 582 square kilometers with a length of almost 80 km.

Then I traveled on the GoldenPass railway and reached Chillon Castle, which is also on Lake Cenevre Region. The construction date of this castle isn't known exactly, but it is certain that its history back to very old times.







After, I visited to Interlaken. I think this municipality is small but it has very beautiful views. After that, I visited Lake Brienz in Bern. Lake Brienz is a lake that north of the Alps. This lake, which is about 14 kilometers long and 2.8 kilometers wide, attracts tourists, even if it is small. I think its view was fascinating. It was the first time in my life that I saw the Alps up close, so it was a unique experience for me.

Finally, I visited Rhine Falls. This waterfall was the most beautiful one I've ever seen in my life. You find peace even when you just listen to the sound of the waterfall.







Beyzannr Saltoğlu

# MINIATURK

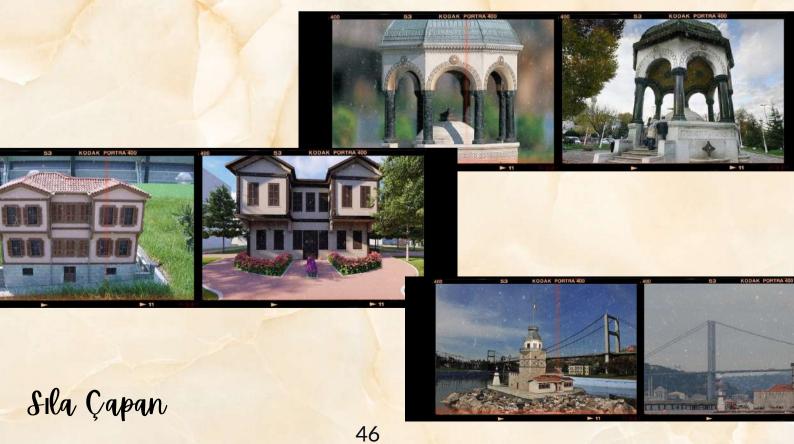
The most interesting place I have ever visited so far is Miniaturk. This well worth visiting place is located in Istanbul. You can find every historical or natural beauties of Turkey in Miniaturk. That is why their motto is "A small model of the big country". Why it is special to me is I want to travel everywhere and discover all sorts of thing about history and Miniaturk is an incredible opportunity for this.

Miniaturk spreads over an area of 60,000 square meters in total. It is a giant combination of restaurant, parking for 300 cars, cafe, gift shop, outdoor demonstration area, children's playground, ferries, controlled boats, excursion train, four largest in the stadium, chess and maze area and Turkey- Istanbul helicopter tour simulation.

The reason of why Miniaturk is an excellent place for tourists is that it has so many miniature structures which are quite lifelike. They are made by people who are expert in their fields. If you take a selfie or the picture of a person with structures, it will seem like a photo shop because they are smaller than you. That is funny and nice.

In my opinion, the Miniaturk should be visited in spring or autumn because the sun shines very brightly in summer and can irritate your eyes. Also the winter would be so cold and you might want to leave there quickly.

If you live in Istanbul or have a chance to come again, you should definitely wander one more time. If you are a tourist, I recommend you to visit there leisurely because it isn't that simple to see all Turkey in just one day. Have a nice sightseeing.





I went to Pamukkale with my family when I was 12 years old. And I was amazed. The magnificent combination of blue and white left a great impression on me. I didn't want to leave after watching the sunset there because I wanted to watch the fascinating view a little more.

Pamukkale travertine in Turkey's Aegean region, located in the Menderes River valley. This valley has a temperate climate. It is one of the places preferred by both local and foreign tourists. In addition to visual richness, it is good for heart diseases, rheumatism, digestion, respiratory, circulation and skin disorders. Pamukkale terraces consist of travertine, a sedimentary rock deposited by the hot spring water.

Pamukkale legend; A long time ago there was a poor woodcutter family living on the slopes of Çökelez Mountain. The daughter of this family was so ugly that their males mother's changed their ways when they saw her. One day the ugliness bothered the young girl. She left himself in a void at the foot of Mount Çökelez. He quickly fell into the pool full of water and sediment, where he was unconscious for a long time in the water. At that time, this water drowned that ugly girl in beauty. When Denizli Bey's son, who was passing by, saw the beautiful girl in blood, he took her home. The girl got better and they got married. After that day, women started to visit these spas to become more beautiful.

I was very pleased with my Pamukkale adventure. I took beautiful photos that I will remember my memories there. I hope you will visit this impressive natural wonder one day too.

## PELIT CHOCOLATE MUSEUM

There are lots of interesting places all over the world. Pelit Chocolate Museum is one of that places. When we think about the word "museum", we always expect historical things but it is not about the history of chocolate.

The museum consists of 5 sections: Main Hall, Istanbul, Turkish Elders, Artists and Civilizations. When you first entered the main hall where is a chocolate waterfall in the entrance. In the Istanbul section there are monuments of historical buildings which represent Istanbul. Such as, Bridge, Galata Tower. Bosporus Historical Taksim Tramway and mosques.

In the "Turkish Elders" section, there are chocolate busts of leaders such as Atatürk and Fatih Sultan Mehmet. In the "Artists" section, there are many monuments of artists and famous paintings. Finally, in the "Civilizations" section, there are artifacts made of chocolate representing the civilizations in the history of the world.

It is a wonderful place to have a great time with children but I don't think that this place is a place which you can visit again. When you visited once, it is enough. But it should definitely be in your bucket list.







Süheda leynep Öztürk

#### FILM SUGGESTION:

## **BALLERINA**

## Film Review

Felicia and Hector are close friends. They met at an orphanage. They have very big imaginations. One day, they escape from the orphanage and go to Paris to pursue their dreams. Many events happen to them. They make new friends in Paris. During their time in Paris, their friendship is being tested and they found out who are real friends. They face many struggles and they understand who they can trust.

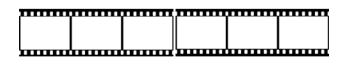


### WHY THIS MOVIE?

Because this movie is a movie that advises people to never lose hope and always trust themselves. That's why I recommend you to watch this movie. In short, this movie tells people that if they have the courage to chase after their goals, they can always achieve them.



Ayşegül Kısmet

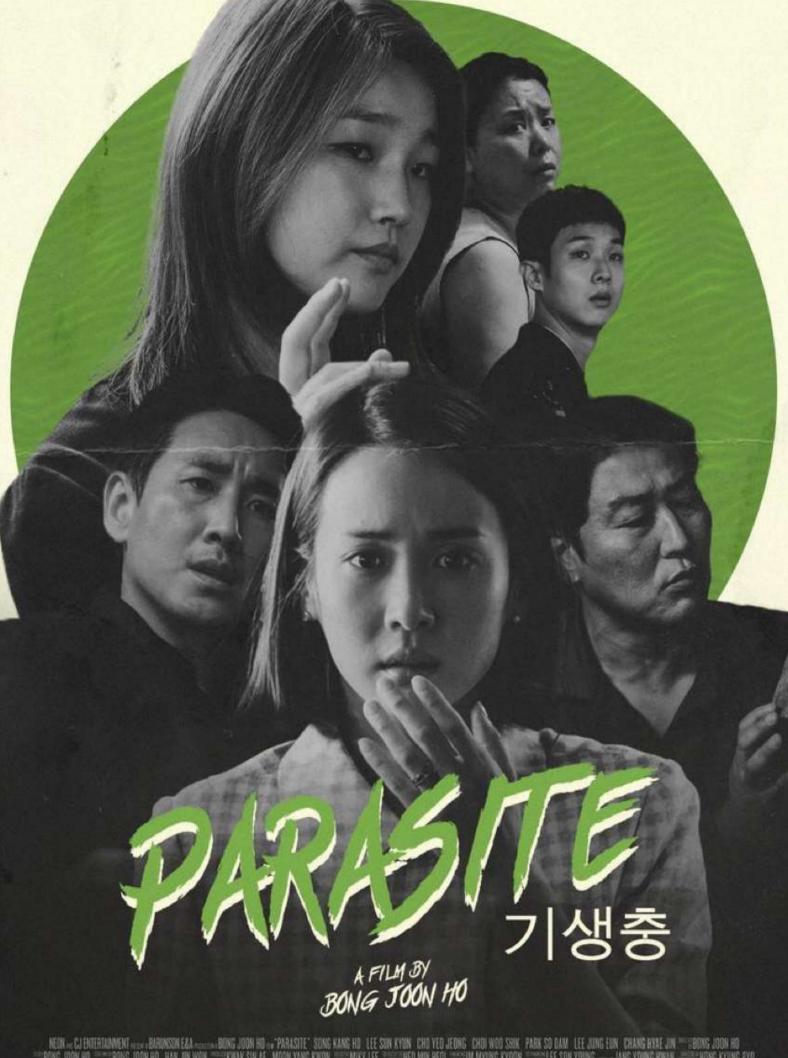


#### **DIRECTORS:**

Eric Summer Mimi Maynard Paulette Victor- Lifton

#### **GENRES:**

Family, animation, comedy, adventure, musical



NEIN CLIENTERLAIMENT BARRISON EAR BONG JOON BO "PARASTIE" SENS KANS HO LEE SUN KYUN CHO YEO JEONG CHOI WOO SHIK PARK SO DAM LEE JING EUN CHANS HYAF JIN BONG JOON BO BONG JOON BO HAN JIN WON KHAK SIN AE MOON YANG KHON MIKY LEE HEO MIN HEO! IM MYENG KYOON LEE SON YERS JANG YOUNG HINAN HONG KYUNG PYO STILLEE HA JUN CHO YE YOUNG JUNG JUNG JUNG JUNG JUNG SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK BY RAFAEL ARAUJO FENAL SEY YOUNG HAND SOO ART WORK B

NEON



## **PARASITE**

BLACK COMEDY AND THRILLER, 2019

The Kim family lives in a small semi-Basement apartment and struggle to make ends meet. University student Min-hyuk, a friend of the main character Ki-woo, gives the Kim family a rock meant to promise wealth. He suggests that Ki-woo pose as a university student to take over his job as an English tutor for the daughter of the wealthy Park family. Ki-woo poses as a University student and gets hired by the Parks.

The Kim family recommends one another as unrelated and highly qualified workers to take over as servants of the Parks. His sister poses as an art therapist using Ki-Woo as a reference. His father frames the driver then takes over his job. Finally, his mother takes over as the Parks' housekeeper.











When the Parks leave on a camping trip, the Kims revel in the luxuries of their residence before the ex-housekeeper appears at the door, telling Chungsook she has left something in the basement. Then, everything starts to be driven to a dead end.

I fancy loved this movie because "Parasite" shows us the truth about class differences. The plot is unique and it's kind of heartbreaking. It leaves an enormous impact when you watch it and your perspective changes about today's world. The actors are also playing their roles really well. No wonder this movie got 4 Oscars and many more awards!

#### **ESRA AKSOY**



## ATTACK ON TITAN

Attack on titan is one of the most popular anime in the world. This magnificent anime's manga has ended up recently. In this article, I want to introduce you this fascinating anime. First, I want to warn you about something. This anime contains a lot of blood, a lot of tears and angst.

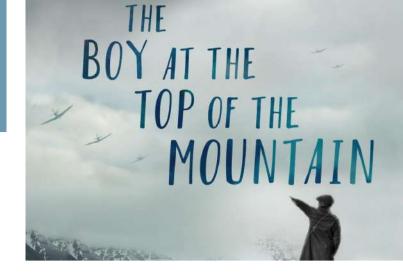
In attack on titan universe, humanity lives behind enormous walls because of creatures called "titans". Titans are gigantic man-eating humanoids. But their comfort ends because a titan breaks the wall. Eren Yeager, Mikasa Ackerman and Armin Alert are one of the people who saw that massacre. After this massacre, they decide to fight against titans. You hate and love almost every character in this series. Because in general there is no one who is completely right or wrong.

I recommend this series because it has a truly unique story, great personalities and good animation. The anime is not over yet, so you can follow it up to date.



## -Books

## THE BOY AT THE TOP OF THE MOUNTAIN



I'm going to talk about a book I read. Its name is "The Boy at The Top of The Mountain" and its author is John Boyne. "The Boy in The Striped Pajamas" is also written by him. I think this author is very successful. His narrative and chosen topics are great. I bought and read this book in seventh grade. This book is about Nazi Germany. The date of the novel is 1936 and 1945. So, these years the World changed because of z. World War. The main character is Pierrot Fischer. Pierrot is so innocent and small boy and he looks younger than his age. We read about his emotions, thoughts, behaviors and about his wrong choices and his regret in this book. His mother is French and his father is German. He can speak these two languages. In the first part of the novel, Pierrot lost his father and mother. In my opinion, the part about losing his mother is full of emotion. Then, he lived in his best friend's, Anshel Bronstein's, house. But because of economical troubles, he continued to live in an orphanage. He was seven years old and he has never seen his aunt.

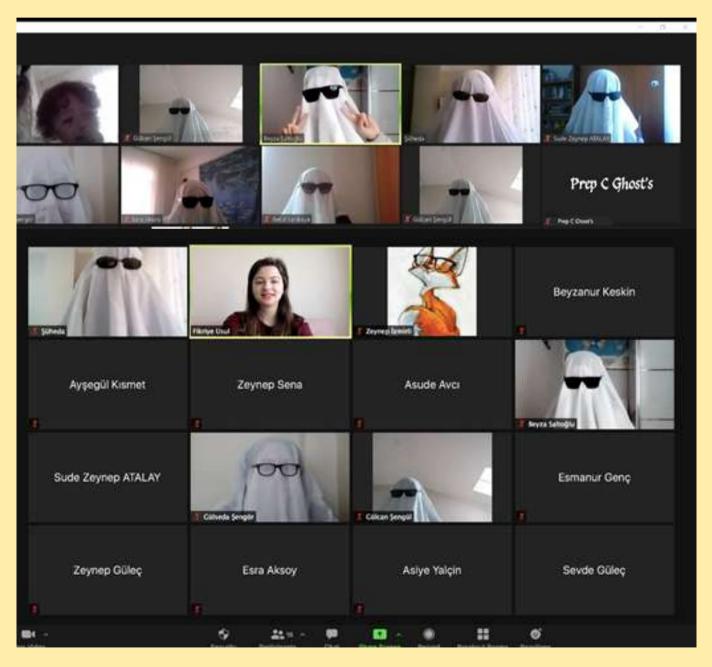
In the second part of the novel, a letter was sent by his aunt Beatrix. After this letter, his life changed and lived with his aunt in Germany, Berghof. After arrived at this house, his aunt spoke to him and said that his name wasn't Pierrot, it was Pieter. Pierrot didn't understand why. But we know it. Pierrot is a French name and he shouldn't show he is French and he should use the name as Pieter. One day, he met the owner of the house and he scared of him. Because he was so serious. He was called Führer. Führer means a leader, Adolf Hitler. When Pieter was eight years old his thoughts have started to change. He wanted Germany to be strong. After three years, his behaviors and thoughts changed completely. Moreover, he was a cause of the die of his aunt. They got along so well with Führer. Moreover, he took place in all project about the Nazi camp. 54

In the last part of the book, Pieter understood everything and regretted it. He thought of all the wrong choices, his behaviors and his best friend. He has refused all of the good things because he wanted to be a big person. There is one more thing after that but this is so important and when I was reading, I was shocked, so I don't want to say this last small part. This book made me feel sad, because I realized that every child is innocent and they may be changed by people. I rated this book five stars. If you want to see an innocent boy who is changed by people, you must read this amazing book in your free time.

Zerjnep Sena Sönnez

# PREP C

Because of the pandemic, we couldn't meet in real life but we still prepared some small activities as class! It was fun to see each other wearing the same colors through screen. We also pranked our teachers on April's Fools by wearing white sheets and acting like ghosts! Even though we couldn't see each other face to face, we still had some fun.





# COLOR DAY







\_\_\_\_ Likes Authority

Below are ten horizontal lines with four words on each line, one in each column. In each line, put the number "4" next to the word that describes you in that line; a "3" next to the word that describes you next best; a "2" to the next best word, and a "1" by the word that least describes you.

\_\_\_\_ Takes Charge Calm, Even Keel Determined \_\_\_\_ Enjoys Routine \_\_\_\_ Enterprising \_\_\_\_ Dislikes Change \_\_\_\_ Competitive \_\_\_\_ Gives In To Others Problem Solver \_\_\_\_ Avoids Confrontations Productive \_\_\_\_ Sympathetic \_\_\_ Bold \_\_\_ Nurturing Decision Maker Peacemaker Persistent TOTAL "G" TOTAL "L"

\_\_\_ Loyal

\_ Sensitive Feelings

For example: One choice for the first line of words would be as the following;

> 3 Likes **Authority**

4 Enthusiastic

2 Sensitive **feelings** 

1 Likes Instructions

\_\_\_\_ Enthusiastic Likes Instructions Takes Risks Accurate \_\_\_\_ Visionary Consistent Predictable \_\_\_\_ Very Verbal \_\_\_\_ Promoter Practical \_\_\_\_ Enjoys Popularity \_\_\_ Factual \_\_\_\_ Fun-Loving Conscientious Perfectionist \_\_\_\_ Likes Variety \_\_\_\_ Spontaneous Detail-Oriented \_\_\_\_ Inspirational \_\_\_\_ Analytical TOTAL "O" TOTAL "B"

Total up the numbers for each vertical column (L, O, G, B). Each letter stands for a particular personality type. The column with the highest score is your dominant personality type, while the column with the second highest number is your subdominant type. The four personality types can be likened to animals to make them easier to understand and remember. Below are complete descriptions of each one.

L = Lions

O = Otters

Lions are leaders. They are usually the bosses at work...or at least they think they are! They are decisive, bottom line folks who are observers, not watchers or listeners. They love to solve problems. They are usually individualists who love to seek new adventures and opportunities. Lions are very confident and self-reliant. In a group setting, if no one else instantly takes charge, the Lion will. Unfortunately, if they don't learn how to tone down their aggressiveness, their natural dominating traits can cause problems with others. Most entrepreneurs are strong lions, or at least have a lot of lion in them.

Otters are excitable, fun seeking, cheerleader types who love to talk! They're great at motivating others and need to be in an environment where they can talk and have a vote on major decisions. The otters' outgoing nature makes them great networkers—they usually know a lot of people who know a lot of people. They can be very loving and encouraging unless under pressure, when they tend to use their verbal skills to attack. They have a strong desire to be liked and enjoy being the center of attention. They are often very attentive to style, clothes, and flash. Otters are the life of any party; and most people really enjoy being around them.

9 = Golden Retrievers

One word describes these people; loyal. They're so loyal, in fact, that they can absorb the most emotional pain and punishment in a relationship and still stay committed. They are great listeners, incredibly empathetic and warm encouragers. However, they tend to be such pleasers that they can have great difficulty being assertive in a situation or relationship when it's needed.

B = Beavers

Beavers have a strong need to do things right and by the book. In fact, they are the kind of people who actually read instruction manuals. They are great at providing quality control in an office, and will provide quality control in any situation or field that demands accuracy, such as accounting, engineering, etc. Because rules, consistency and high standards are so important to beavers, they are often frustrated with others who do not share these same characteristics. Their strong need for maintaining high (and oftentimes unrealistic) standards can short-circuit their ability to express warmth in a relationship.

## SOME IDIOMS AND THEIR MEANINGS

- The cat is out of the bag
   The secret has been revealed.
- At the drop of a hat Without any hesitation.
- Cry over spilt milk
  Being upset over something that cannot be changed.
- Every dog has his day
  Everyone gets their chance to do something big.
- Kill a fly with an elephant gun Approach a problem with excessive measures.
- Pie in the sky

Something that is unrealistic or that cannot be achieved.

The sun might rise in the west
When you don't expect something to happen.

- Kick the can down the road
  Delay a decision in hopes that the problem or issue will go away.
- Rome was not built in a day Many things cannot be done instantly, and require time and patience.
- Hitting the nail on the head
   Finding the exact answer.
- Mad as a box of frog Extremely mentally unstable; psychotic; detached from reality.
- Pen is mightier than the sword

  That thinking and writing have more influence on people and events than the use of force or violence.
- Bark is worse than their bite.
  They seem much more unpleasant or hostile than they really are.

## GENERAL CULTURE

# questions of prep c



Who is
Mehmed the
Conqueror's
father?



Who did Hitler do genocide to?



Who was the Longest-Reigning Sultan of the Ottoman Empire?



How many lightning strikes fall to the world every day?



What does your heart pump?



Whose face is on the back of 表50?



Magna carta is a contract with the king of which country?



What is the name of the pyramid, one of the eight wonders of the world?

## GENERAL CULTURE

# questions of prep c



What is the name of the instrument that measures the magnitude and duration of the earthquake?



Which country is the 3rd richest country of Asia?



Which planet has the most moons?



How many kilometers is the Great Wall of China?



What are the primary colors?



What is the oldest university in the world?



What was the first deathly hallows in the Harry Potter series?



How many letters does the longest word in English have?

# THE BENEFITS OF WALKING



"The sum of the whole is this: walk and be happy; walk and be healthy. The best way to lengthen out our days is to walk steadily and with a purpose."

— Charles Dickens

Walking is a great way to improve your health. Just 30 minutes of walking can increase the risk of numerous diseases such as heart disease, diabetes, and some cancer types. According to the research, walking at least 30 minutes a day and five days a week can reduce the risk for coronary heart disease by about 19 percent. It also helps you to control your weight, protect your lungs, and low blood sugar. It boosts your immune system, too.

Moreover, walking also has benefits for your feelings. It reduces stress and makes you feel relaxed, clears your mind, boosts your energy, and improves your mood.

As we have seen above, walking is such a healthy activity for us. Nowadays, there are a lot of people who work from home and sit every day. These conditions can cause back and waist pain and the diseases we explained above. But walking helps us to increase them. In a nutshell, we should walk as much as we can and get used to it in our lives.

Zeynep Güleç

# my neighbourhood

I live in Eyüp Sultan, it is a noisy place. Eyüp Street is very crowded and sometimes tourists come but this is not a big problem for me because there are more positive sides.

I can go wherever I want whenever I want. If I want to buy something, I can find it easily. There are lots of shops and I am keen on shopping. There are 7 clothing shops and 3 shoe shops. I can find all kinds of shoes and the clothes I want. Also, there are 3 cafes and 3 restaurants in my neighborhood. I love going to a cafe with my friends. This is one of my favorite activities. My favorite cafe is Book Café. You can read a book there and you can eat or drink whatever you want. It has a pleasant atmosphere. When I don't want to study, I go there and study there. Also, there is a library and it is a big chance for me.

Furthermore, there is an important mosque in my neighborhood. This mosque is called Eyüp Sultan Mosque. I feel peaceful when I pray there. I love my neighborhood because it has a gorgeous atmosphere and there are many facilities.

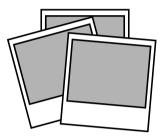
Betül Sarıkaya



## **MY BUCKET LIST**

I want to visit all natural and historical beauties in Turkey.

I want to itinerant 24 hours with someone I love. I haven't decided the person and the place yet but I think it would a great memory.





I want to take a hot air balloon ride in Cappadocia.



I want to go on a long cruise. It may take 2 or 3 weeks. The cruise can pass over the great ocean. And it can take breaks at different ports. I want to visit lots of different places.





I want to kiss an elephant's trunk.



I want to pen a bakery. I love eating and making pastries a lot cakes, cookies, pies, jams, chocolates etc. When I was a kid my aunt and I were dreaming about it. My aunt says 'I am going to make chocolate, and you are going to make pastries.' So it is one of my childhood dreams.







I want to buy blackpink's first album.





I want to drill water well in Africa.





I want to live abroad for a short time.





I want to win an award in your field of success.





I want to go to a big concert of my favorite singers. I want to feel the atmosphere in there. I think it would be a very special and unforgettable moment.



12

I want to play the violin beautifully in the future.





I want to own a pet. Owning an animal makes both the animal and its owner feel better. Especially in these years, there are so many homeless animals. If you had adopted one of them, you would do a great favor for that animal.





I want to travel the world with caravan.





# OUTFITS FOR SUMMER

Do you still don't know what to wear in summer days? I collected trendy and modest clothes for summer! Hope you can get some ideas :)

**ESRA AKSOY** 



Bleached Jackets are trendy this year. They are a good option for windy summer days!

> Jacket: Pull&Bear Pants: Stradivarius Shoes: Qarmacha

Pastel Colors are a good choice for this summer! You can wear a colorful and thin dress in a picnic.

Dress: Manuka Handbag: Manuka Shoes: Converse



Combining leather jackets and jeans is a trendy look these days! Would you like to try it?

Jacket: Pull&Bear Pants: Stradivarius Handbag: Trendyol

## TIPS ABOUT

# learning a new language

1 find your learning technique.

If you want to learn a new language, you should choose a learning technique first. You should choose a technique which will help you while you are studying.

Find motivation

If you have motivation, you can learn a language easier. Because of your motivation, you will always want to study harder.

Decide specific learning goals

You shouldn't decide like "I want to speak fluently Russian in 6 months" because it isn't a specific goal. Instead of it you should say "In the end of this week I want to introduce myself clearly" or "I want to learn 30 common words". They are better because more understandable and you can see how much you improved.

Using words that you learnt

When you learn a new word, you should use it in sentence or in a conversation. It will help you to learn and memorize better.

TV shows, films, magazines, newspaper

It's the enjoyable part of learning a language. While you are improving yourself, you will have fun. Also they will help you understand daily conversations.

ELİF SEVDE GÜLEÇ



Everyone loves freshly baked chocolate chip cookies with some tea. Especially, if it is crispy and with chewy chocolate, nobody can resist. So, let me give you the recipe.

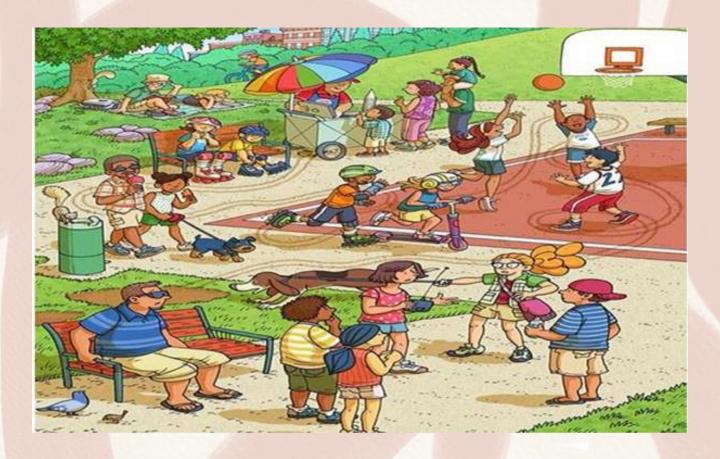
#### **INGREDIENTS**

- •115g butter, at room temperature
- ·½ cup (100g) brown sugar
- √2 cup (100g) granulated sugar
- ·1 egg, at room temperature
- Nearly 2 cup of all-purpose flour
- ·1 tablespoon of cornstarch
- One and a half teaspoon baking soda
- ·1 teaspoon salt
- ·Chocolate chips(as much as you want)

#### **DIRECTION**

- 1. Cream the butter with the granulated and brown sugar well. Beat the egg and the vanilla.
- 2. Sift the flour and the cornstarch, baking soda and salt in a seperate bowl. Then, add this to the mixture and stir until blended.
- 3. Add the chocolate chips and stir. Also, if you want, you can add some hazelnuts or walnuts.
- 4. Using a ice cream scoop or tablespoon, shape them into a ball and place onto a tray which has baking paper.
- 5. Chill the cookies for at least an hour. Also, you can freeze them to bake later!
- 6. Preheat the oven to 170 C. Don't forget to leave spaces between the cookies.
- 7. Bake for 15-18 minutes, until browned around the edges of cookies.
- 8. Cool the cookies and bon appetit!

## Picture Description



There are twenty three people in the park.

Three children are playing basketball.

The man who is wearing glasses is sitting on a bench.

The man who sells ice-cream is smiling face and has colourful an umbrella.

There are four people in front of the ice-cream cart.

There are a lot of children who are skating, cycling in the park. Also, they have a helmets.

A father and his daughter are eating ice-cream and walking with their dog.

There are a lot of children in front of the man who is sitting on the bench.

There are two people under the big tree. They are reading a book. Also, one of them has a hat.

There is a squirrel on the bin.

ZEYNEP SENA SÖNMEZ





People's eyes are always the same size from birth, but people's nose and ears never stop growing.



The lifespan of a squirrel is about nine years.



The longest recorded flight of a chicken is 13 seconds.



An eagle can kill a young deer and fly away with it.



Hamsters run up to 8 miles at Sevde İrem Soydaş night on a wheel.



The elephant is the only mammal that can't jump.



Bananas are curved because they grow towards the sun.



Your heart beats over 100,000 times a day.



Dolphins sleep with one eye open.



An ostrich's eye is bigger than its brain.

## GENERAL CULTURE

## questions' answers



2nd Murat



Jews



Suleiman I, the Lawgiver



8.600.000



Blood



Fatma Aliye



**England** 



Cheops pyramid



Simographer



Singapore



Saturn



21.196



Blue, red and yellow



University of al-Qarawiyyin



Philosopher's stone



45 (pneumonoultramicr oscopicsilicovolcano koniosis)



A blossom can't be forced to open.

Be gentle with yourself...

You'll bloom when you're bloomin' ready.

CLASS MAGAZINE OF PREP C MAY 2021